



Road Runners Championship Series 2009

Aims

- Encourage wide representation by club members to specific local races
- Encourage head to head racing between club members
- Give recognition for good age related performance over various distances.

Series

Must run in a minimum of one race in each of the following three distance bands, plus another “self nominated” race. So that’s a minimum of 4 races.

- 5k to 5 miles
- 10k to 10 Miles
- Half marathon to Marathon
- Any “self nominated race” that is certified. (5k to Marathon)

5k to 5 miles

- **Peterborough 5k** - Ferry Meadows – Wed 3rd June – 7.30pm start entry on the day
- **Peterborough 5k** - Werrington – Wed 29th July - 7.30pm start entry on the day
- **Thorney 5 miler** – Thorney – 16th August - <http://www.thorneyrunningclub.co.uk/>

10k to 10 miles

- **Abbey 10k** – Ramsey - 14th June - <http://www.ramseyroadrunners.org.uk/>
- **Bushy 10k** – Bushfield - 12th July - <http://www.bushfieldjoggers.co.uk/>
- **Fenland 10** – October 25th (tbc) <http://www.fenlandrunners.org.uk/>

Half marathon to full marathon

- **Great Eastern Half** - Peterborough 11th October - <http://www.peterborough.gov.uk/page-5340>
- **St Neots Riverside Half** – 15th November - <http://www.riverside-runners.org.uk/>
- **Any officially measured Marathon**

Self nominated race - One other “self nominated race” that is certified. (5k to Marathon)

Rules

- Any member of Hunts AC who enters the race under “Hunts AC” and wearing a club vest is automatically entered into the series.
- After each race all those running under Hunts AC will be automatically entered into the separate Male and Female tables. The official finishing times will be converted into an Age-Graded performance percentage using the WAVA/WMA Age-grading calculator (World Master Athletics).
- Runners Date Of birth will be required, as age on date of each race will used for calculations.
- Winners will have the highest average Age-Graded percentage from the best results in each distance band plus a “self nominated” race. Awards for 1st, 2nd and 3rd Male & Female
- Times used will be official published gun times except where chip times are published. Chip times will be permissible. Self-timed races and non-certificated race distances will not be permissible
- Self nominated races can be any race that is certified from 5k to Marathon, completed between 1/12/08 to 1/12/09. This includes other races in the series.
- Emerging championship results will be kept up to date on the club website and awards will be handed out at the clubs presentation evening in November.